



## Minnesota FoodShare ~ February 27 - April 9, 2023

### Engaging Minnesotans Addressing Food Insecurity

The Minnesota FoodShare March Campaign brings together organizations, businesses, faith communities, and individuals to help keep 300 food shelves statewide stocked throughout the year. Minnesota FoodShare has distributed over \$18 million to March Campaign participating food shelves via the Minnesota FoodShare FoodFund. 100% of donations received by Minnesota FoodShare during the March Campaign go into the FoodFund.

**1 in 9 people in Minnesota have limited or uncertain access to adequate food. You can make a difference during the Minnesota FoodShare March Campaign!**

Our community is facing a hunger crisis. Rising food costs and inflation are drastically affecting families, friends, co-workers, and neighbors who have never needed to access charity food before. These are people who may have gotten by paycheck to paycheck and are now struggling to get the food they need to feed their families. More people than ever are turning to food shelves for support, and the truth is, food banks are strained to keep up with the increased need.

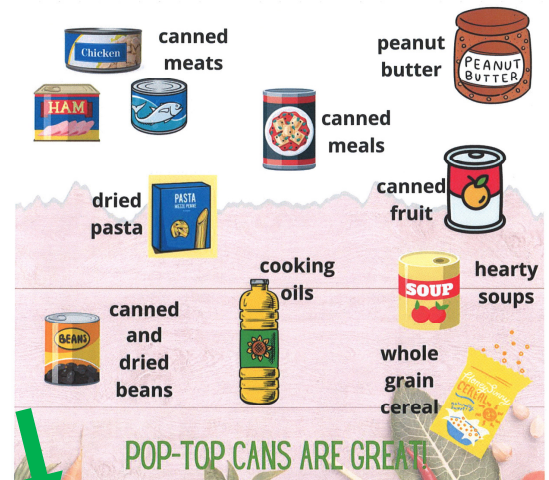
As everyone tries to adapt to these challenging economic times, it is harder for some of our neighbors to put dinner on the table. Your caring partnership and compassion means they won't go without the food they need. Right

now, your help will be magnified as Minnesotans come together for the **annual Minnesota FoodShare March Campaign**. Let's make a difference for our food-insecure neighbors this spring!

*Grace Presbyterian Church will be accepting food and cash donations through Easter Sunday, April 9.*

*Please mark "FoodShare" on the memo line of your check.*

### MOST NEEDED FOODS



### Non Food Items

- Full-size Laundry Soap/Detergent and Dryer Sheets
  - Allergen or Scent-Free?
- Full-size Hygiene items for Men & Women
  - Shampoo, deodorant, soap
- Gluten Free Items
  - Pasta, Crackers, Bread, Rice, Muffin Mix
- Sugar Free Items
- Low Sodium or Sodium Free Items
  - Soup and broth
  - Full-size Feminine Hygiene Items
  - Tampons, Sanitary Napkins,

*Watch the chart on the Deacon's bulletin board **change** as YOU give to this important cause!!*



## Minnesota FoodShare (continued)

### Looking for a new way to support MN FoodShare?

**Gilmore Avenue Car Wash** has teamed up with Winona Volunteer Services. For the month of March, if you purchase a individual wash, a pre-paid wash book, make a new unlimited wash plan, or purchase a gift card, **Gilmore Avenue Car Wash** will donate **100%** of the purchase price to Winona Volunteer Services!

Cut out this coupon or grab one off the Deacons bulletin board in the Fellowship Hall!

***Keep your car clean and  
help out the FoodShare!!***

- \* **March 18:** Leave a bag of groceries outside your door by 10 a.m. for pick up by the **Cubs and Scouts!**
- \* **March 21:** Order a chicken dinner by 6 p.m. for \$12 from **Steak Shop Catering**, and \$1 from each meal will go to Winona Volunteer Services! Pre-order by calling 452-3150, emailing [steakshop@hbc.com](mailto:steakshop@hbc.com) or ordering online <https://steakshopcatering.com/> to arrange for pick up between 3:30-6:30 p.m. - meal includes half grilled chicken, potato salad or baby potatoes, baked beans, roll and butter
- \* **March 29-April 4:** Shop at **Midtown Foods** and say YES to "Rounding-Up" your transaction to the nearest dollar, so the 'change' can go to the Winona Volunteer Services Food Shelf!
- \* **April 1:** WVS Volunteers Sacking For Tips (for the Food Shelf!) at **Hy-Vee** between 9 a.m. - 3 p.m.!



# Valid March 1-31, 2023

## Community Wash Program Certificate

How the program works:

1. Bring this certificate to Gilmore Ave. Car Wash during the dates listed above.
2. Purchase any of the qualifying services listed below.
3. 100% of the purchase price will be donated to:

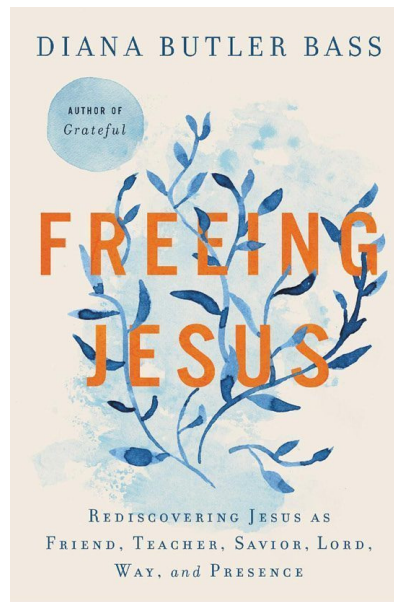
**Winona Volunteer Services**

Valid on • individual washes in the soft cloth tunnel • prepaid wash books • new unlimited wash plan sign ups • gift cards •

Internal use: staple receipt to coupon OR amount spent \$ \_\_\_\_\_ Initials: \_\_\_\_\_

## Lenten Opportunities

### First Congregational Church, UCC



You are invited to join First Congo for a Lenten Bible Study. They are studying the book "Freeing Jesus."

The study begins on **Sunday, February 26 or Monday, February 27**. You can join in person on Monday mornings at 10:30 in the Fireside Room, or via Zoom on Sundays at Noon.

Please contact Pastor Danielle at First Congregational Church if you would like to join. Books are

available from her.

# MN Adult & Teen Challenge

On **Sunday, March 12**, the **Ladies from Minnesota Adult & Teen Challenge** will lead the worship service. Come and hear their stories of recovery, redemption, and reconciliation. We will be able to stream their service on our Facebook page, as well as YouTube. Be sure to tune in to hear amazing stories.

## Stepheny's Story:

I grew up in a loving home. I moved around a lot as a child, but we landed in a nice suburb. I was a funny and bright kid, and I excelled at pretty much everything. My parents loved me and wanted me to be the best I could be. I tried really hard to be the best, but inside I felt like I was just holding my breath before I failed. The first time I drank I was in 7th grade; I was hanging out with older kids. When I drank I felt like I could finally relax; being drunk made me feel better. The problem was, I didn't have a stop button. When I was 15, I attempted to take my own life. I had gotten into trouble for drinking and, as a consequence, I had to sit out a season of sports. I was told that if I didn't quit drinking, I was never going to be anything — but that didn't stop me from drinking. I did try to stay sober in my 20s. I met a good man and we were married. I attended grad school and felt overwhelmed — this time I turned to food instead of alcohol to deal with my stress. I gained so much weight, that we had a hard time starting a family. I chose to have weight loss surgery — I thought that would help my marriage and also my confidence. But I was wrong; my whole life changed again. I met a charming man who made me feel beautiful; in my weakness, I left everything I had built and everything I had loved behind to be with this new person. Turns out he was addicted to heroin and meth; and with him, I fell into that life and completely into darkness. **I lost everything. First went my career and then the money ran out...and that man left, too. I did what I needed to do to get my drugs.**

## Tamela's Story:

I'm from Red Wing, Minnesota, and I grew up in a Christian family. I went to Concordia University and graduated with a teaching degree. I was married twice, but neither marriage lasted. After my 2nd divorce, I had lots of depression and anxiety. My issues really began when I started self-medicating with pot, wine, and cigarettes.

**I fell in love with a man and he introduced me to meth. I trusted him. And when I was hooked, the abuse started.**

I didn't realize I was addicted to drugs at first, it just felt like partying a lot. But we lost everything and ended up homeless, living in a van. Throughout my life I have struggled with co-dependence; because of that, and because of my addiction to meth, I walked away from everything familiar to be with an abusive man that I barely knew.

By the grace of God, my mom and sister figured out where I was and found a way to rescue me from that horrible life. But once I was safe and back at home, I still felt lost and didn't know what to do next. I still struggled with addiction. One day, my sister had a seemingly random conversation with someone who was a former client at MnTC; my sister came home and told me she knew what was next for me. I still believe that was God steering me here. **Peace for me, is being able to heal after going through so much trauma. I now feel the Holy Spirit in my heart.**

You will hear more stories, like these two, at the service on March 12.



Mn Adult & Teen Challenge  
— CHOIR —





March

MEMORY  
VERSE

*"If you declare with  
your mouth,  
'Jesus is Lord',  
and believe in your heart  
that God raised him from  
the dead, you will be  
saved."  
Romans 10:9*

Looking  
Ahead

**NO Sunday School on  
Easter Sunday, April 9.**

Instead, come for a light breakfast and  
Easter Egg Hunt, followed by worship.

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**Grace Kids**  
will sing in worship on  
**Sunday, April 16!**

### **Hot Fudge Recipe ~ Jane Dietrich**

Mix 1 1/2 cup white sugar with 1/2 cup  
cocoa. Melt 1 stick of butter in pan, add  
the sugar/cocoa mix and stir well.

Add small can  
evaporated milk. Boil  
for 1 minute. Remove  
from heat and add  
1 tsp. vanilla.



Serve hot and enjoy!!

### **Happy Birthday!**

Ellen Mrkvicka  
Lori Fort-Hoerig  
Greg Lica  
William Schantzen  
Charles Gilbertson  
Ella Schultz



March 9  
March 10  
March 17  
March 23  
March 29  
March 30

*We hope you enjoy seeing who is celebrating a birthday or an  
anniversary. Please let us know if we missed your special day so we  
can update our list!*

### **Many Thanks**

*I would like to thank everyone for the cards,  
phone calls, visits, and lovely plant I have  
received, and to the Grace Kids for the nice  
pictures and greetings. It has been much  
appreciated!*

*Audrey Olson*

~~~~~

*Thank you for all the cards I received for my  
100th birthday and past cards I have received. It  
is hard to realize that I have lived a century!*

*I miss my church family. I make up for that by  
looking forward to the Sunday morning service. It  
gives me a connection to all and enlightens me all  
week.*

*Leona Thiele*

## Session Summary

Session held its regular meeting on Wednesday, February 8, 2023, and approved the following items:

- ◆ The Clerk's Statistical Report to Presbytery for 2022.
- ◆ The year end Treasurer's Report for 2022.
- ◆ To have the annual meeting available on ZOOM.
- ◆ To include pertinent financial information in the newsletter each month.
- ◆ To vote on an Audit Committee at our March meeting.

**DID YOU KNOW?** That our pledges for 2022 were \$93,488.00 and we actually received \$94,567.71. Our pledges for 2023 are \$92,860.00.

Pam Lica, Clerk

## Do You Remember last November, when we took an offering for John Knox Giving Tuesday for RIP Medical Debt?

The impact of John Knox Presbytery's GIVINGTUESDAY ministry is now known!

Our partners at RIP Medical Debt took the **\$14,245.25** we sent them and turned it into a great deal more.

That means God has nudged us and guided us to remove the medical debt for **2,594** families with a total of **\$1,925,734.76!**

That's a stack of one dollar bills sixty feet taller than the Gateway Arch in St. Louis. God accepts what we offer and makes it amazing!

Thank you, Grace Church, for the money you donated to this great cause!!

## Mission Giving Opportunities



### ONE GREAT HOUR OF SHARING



Grace Presbyterian Church is amazing at giving to others. Even as Presbyterian Churches lose membership, members and friends of Grace haven't stopped being generous givers.

**On Easter Sunday, April 9**, we will take the first of four annual Presbyterian Offerings. **One Great Hour of Sharing** is a PC(USA)-wide collection that goes towards sharing God's love to our neighbors-in-need around the world. Each gift helps to improve the lives of people in challenging situations through three impactful programs: Presbyterian Disaster Assistance (PDA), Presbyterian Hunger Program, and the Self-Development of People.

The Mission Committee will be sharing more information on this offering during worship and in the bulletin throughout the month of March.



*Because we are  
unconditionally loved by  
God, we are called to do the  
same in thought, word, and  
deed with our family,  
community, and world.*

**Mission**

*Thank God!*

GRACE  
HAPPENS  
+

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***Web site***

<http://gracepresbyterianwinona.com>

***Office Hours***

9:00 am - 2:00 pm

Tuesday - Thursday

8:00 am - 1:00 pm

Friday

***Sunday Morning***

***Sunday School***

9:00 am

***Sunday Worship***

10:30 am

***Fellowship Time***

11:30 am

***Minister***

Rev. Rachel Rosendahl

***Office Administrator***

Cheri Looman

***Accompanist***

Various

***Treasurer***

Jennifer MacAskill

***Church School Director***

Kathy Rosendahl

***Newsletter Editor***

Lori Fort-Hoerig

[loridoglover@yahoo.com](mailto:loridoglover@yahoo.com)

***Session Elders***

Kjersti Anderson

Ron Dietrich

Rena Dornfeld

Nancy Dornfeld

Pam Lica

Jennifer MacAskill

Chris Schantzen

***Board of Deacons***

2023: O. J. Jacobson, Jeanette Karjala

2024: Kathy Rosendahl; Tori Schultz

2025: Candi Kohner